



Adverbs of Frequency — A2 exercises

Printable worksheet · 23 questions · answer key with explanations on the last page
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Name _____ Date _____ Score _____ / 23

A. Multiple choice

10 questions

Circle the letter of the correct answer.

1. Which sentence puts the adverb in the correct place?
A) I go always to bed late. B) I always go to bed late.
C) Always I go to bed late at night. D) I go to always bed late.
2. She ____ late for her own parties.
A) always is B) is always C) always be D) be always
3. We ____ been to that restaurant before.
A) never have B) have never C) never has D) has never
4. How often do you go swimming? — ____
A) I go twice a week swimming. B) Twice a week I swimming go.
C) I go swimming twice a week. D) I twice a week go swimming.
5. He ____ eat breakfast before work.
A) doesn't usually B) usually doesn't be C) not usually does D) doesn't usually to
6. Which adverb means about fifty per cent of the time?
A) hardly ever B) sometimes C) always D) rarely
7. My grandfather ____ complains about anything.
A) hardly never B) hardly ever C) hard ever D) hardly always
8. ____ do you visit your cousins?
A) How much B) How long C) How often D) How many
9. They ____ working at weekends, so don't call on Saturday.
A) are rarely B) rarely are C) are rarely to D) rarely being
10. Which sentence is correct?
A) I don't never eat meat. B) I never don't eat meat.
C) I never eat meat. D) I not never eat meat.

B. Fill in the blank

8 questions

Write the missing word or words in the gap.

1. I _____ check my email before I get out of bed.
2. He is _____ on time — I have waited for him twice this week.

3. We _____ go to the cinema on Fridays, but not this week.
4. She has _____ been abroad, not even once.
5. How _____ do you go to the gym?
6. My brother _____ ever cooks — he lives on takeaway food.
7. I go to the dentist _____ a year, in March and September.
8. They don't _____ work at weekends.

C. Sentence building

5 questions

Put the words in the correct order and write the sentence on the line.

1. I / seven. / at / have / always / breakfast

Say what you do every single morning at a fixed time.

2. late / work. / is / She / for / never

Praise a colleague's punctuality using the verb be.

3. moving. / We / often / talked / about / have

Mention a subject a couple discusses repeatedly.

4. work / doesn't / on / Sundays. / usually / He

Describe a normal weekend, in the negative.

5. concerts? / Do / go / to / often / you

Ask a new friend about their taste for live music.

Answer key

Every answer carries the reason behind it. Read the reason for the questions you got right as well — that is where you find out whether you were right for the right reason.

A. Multiple choice

1. **B) I always go to bed late.** — With an ordinary verb the adverb of frequency goes immediately before it.
2. **B) is always** — The verb be is the exception: the adverb follows it instead of coming before it.
3. **B) have never** — With an auxiliary, the adverb sits between the auxiliary and the main verb.
4. **C) I go swimming twice a week.** — Definite frequency expressions such as twice a week belong at the end of the sentence.
5. **A) doesn't usually** — In a negative the adverb follows the auxiliary and precedes the main verb.
6. **B) sometimes** — Sometimes sits in the middle of the frequency scale, around half the time.
7. **B) hardly ever** — Hardly ever is a fixed two-word adverb meaning almost never; hardly never is a double negative.
8. **C) How often** — How often is the question that asks for a frequency answer.
9. **A) are rarely** — Are is the verb be, so the adverb comes after it.
10. **C) I never eat meat.** — Never is already negative, so the verb stays positive and no other negative is added.

B. Fill in the blank

1. **always** — A positive statement with an ordinary verb takes the adverb before the verb.
2. **never** — The second clause proves the frequency is zero, and be takes the adverb after it.
3. **usually** — Usually means about ninety per cent, which fits an exception being mentioned.
4. **never** — The adverb sits between the auxiliary has and the past participle.
5. **often** — How often is the standard question for frequency.
6. **hardly** — Hardly ever is a fixed pair meaning almost never.
7. **twice** — Two occasions in a year is expressed as twice a year.
8. **usually** — In a negative the adverb follows the auxiliary and precedes the main verb.

C. Sentence building

1. **I always have breakfast at seven.**
2. **She is never late for work.**
3. **We have often talked about moving.**
4. **He doesn't usually work on Sundays.**
5. **Do you often go to concerts?**